



See a doctor anytime, anywhere

Telemedicine through MDLIVE is a convenient and low-cost option when you can't get to your doctor.

You can see a board-certified doctor by secure video, phone, or mobile app. It's quicker and more cost-effective than the ER for treating non-emergency medical conditions, such as:

- Colds and flu
- Allergies
- Asthma
- Pink eye
- Ear infections
- Sinus problems
- Respiratory infections
- Joint aches and pains
- Vomiting and nausea
- Insect bites and rash

Telemedicine visits are included with your AmeriHealth New Jersey health plan. Signing up is free, and you pay \$0 per consult.*

Don't wait until you're sick — activate your account today!

There are four easy ways:



Text **AHNJ** to **635-483** to chat with Sophie, a virtual assistant who will help you sign up



Download the MDLIVE app on your smartphone



Visit **mdlive.com/ahnj**



Call **1-888-976-7405**
(TTY: 1-800-770-5531)

Let Sophie help you activate your MDLIVE account

You're just a few steps away from anytime, anywhere access to local board-certified doctors. Here's how to activate your account with Sophie, your virtual Personal Health Assistant.

Step 1: Get started

Using your smartphone, text **AHNJ** to **635-483**. Be sure to have your AmeriHealth New Jersey member ID card on hand when you're activating your account.

Step 2: Connect with Sophie

You will receive a welcome text message, where you can tap to launch a web browser page, which will start a text conversation.

Step 3: Access your account

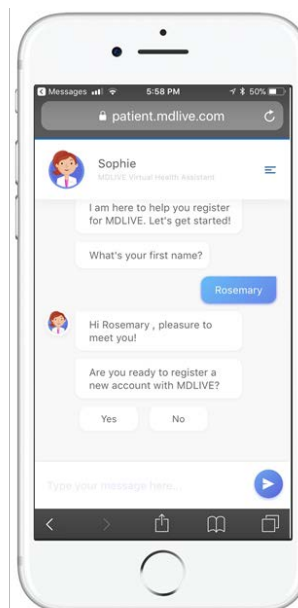
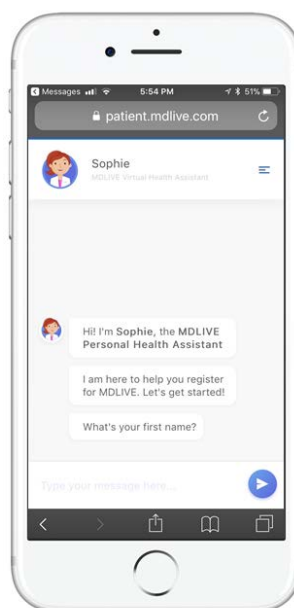
Answer a few questions from Sophie to complete your registration. Once your account has been activated, you'll be ready to begin using your telemedicine benefit.

Meet Sophie, your virtual Personal Health Assistant!



Sophie makes creating your MDLIVE account quick and easy using your smartphone.

Text **AHNJ** to **635-483**, and Sophie will walk you through the process.



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